

THE CHOOSING OF A CHRISTIAN NAME (YOUR PATRON SAINT)

Many people choose an additional saint's name at Confirmation. The preferred name, however, is the baptismal name because it expresses the relationship that exists between Baptism and Confirmation.

If a new name is taken, however, it should be the name of a recognized saint of the Catholic Church. If the baptismal name is not that of a recognized saint, a new name should be chosen for Confirmation.

Names of saints are chosen to serve as patrons and models for those being confirmed. Candidates should choose a patron saint's name, not because of the attractiveness of the name, but because of the attractiveness of the Christian life that that person led.

Find out more about your patron saint's life. Choose either your baptismal or confirmation patron.

Saint's Name: _____ Feast Day: _____

Saint's place of birth: _____

Find out about this saint's:

• Family: _____

• Occupation: _____

• Life and/or death: _____

• What virtues did this saint practice in his/her life? _____

• What aspect of this person's Christian life attracted you? _____

• How is this saint a model for Christians today? _____

Ask your parents, or whoever named you, how they picked the name you received at birth. Do the same for your baptismal name if it is different. Write a brief story about what you found out on the back of this paper.

Candidate's Full Name: _____ Date: _____